

Anacortes Middle School

Pre-Planned Absence Request

Student's Name: _____

Dates of Absence: _____

I request that my child be considered excused from school for the following reason:

Reason: _____

WA state approved reasons for excused absences can be found on the back of this form.

Here are some reasons missing school can have an impact on a student's success:

- **Missed Instructional Time** – Even a few days away can cause students to fall behind in subjects that build on previous lessons, such as math and science.
- **Difficulty Catching Up** – Many students struggle to make up missed assignments while keeping up with new material.
- **Disruptions to Routine** – Consistency is important for learning. Interruptions can affect study habits and classroom engagement.
- **Lower Test Scores** – Studies suggest that frequent absences correlate with lower academic performance.
- **Social Challenges** – Missing school can also mean missing group projects, presentations, and social interactions that help with development.

Parent/Guardian Signature: _____

Date: _____

Student's please collect your teacher's signatures so they are aware you'll be gone. Once you have gotten all their signatures, please turn this form into the attendance office.

1st period signature: Grade: Comments:	4th period signature: Grades: Comments:
2nd period signature: Grades: Comments:	5th period signature: Grades: Comments:
3rd period signature: Grades: Comments:	6th period signature: Grades: Comments:

WA state approved reasons for excused absences:

- Physical health or mental health symptoms, illness, health condition or medical appointment for the student or person for whom the student is legally responsible. Examples of symptoms, illness, health conditions, or medical appointments include, but are not limited to, medical, counseling, mental health wellness, dental, optometry, pregnancy, and behavioral health treatment (which can include in-patient or out-patient treatment for chemical dependency or mental health);
- Family emergency including, but not limited to, a death or illness in the family;
- Religious or cultural purpose including observance of a religious or cultural holiday or participation in religious or cultural instruction;
- Court, judicial proceeding, court-ordered activity, or jury service;
- Post-secondary, technical school or apprenticeship program visitation, or scholarship interview;
- State-recognized search and rescue activities consistent with RCW 28A.225.055;
- Absence directly related to the student's homeless or foster care/dependency status;
- Absences related to deployment activities of a parent or legal guardian who is an active duty member consistent with RCW 28A.705.010;
- Absences due to suspensions, expulsions or emergency expulsions imposed pursuant to chapter 392-400 WAC if the student is not receiving educational services and is not enrolled in qualifying "course of study" activities as defined in WAC 392-121-107; 2
- Absences due to student safety concerns, including absences related to threats, assaults, or bullying;
- Absences due to a student's migrant status.
- An approved activity that is consistent with district policy and is mutually agreed upon by the principal or designee and a parent, guardian, or emancipated youth;
- Absences related to the student's illness, health condition, or medical appointments due to COVID-19 or other communicable disease;
- Absences related to caring for a family member who has an illness, health condition, or medical appointment due to a communicable disease, or other emergency health condition related to school facility closures;
- Absences related to the student's family obligations during regularly scheduled school hours that are temporarily necessary because of school facility closures, until other arrangements can be made; and
- Absences due to the student's parent's work schedule or other obligations during regularly scheduled school hours, until other arrangements can be made.